

Monday, 28/ 03

**Chicken Curry** with Rice

*Contains Celery, Mustard*

**Mexican Three-Bean Stew** with Couscous

*Contains Gluten (Wheat), Sulphites*

**Roast Beef** with Mashed Potato and Seasonal Vegetables

*Contains Celery, Milk, Sulphites*

Tuesday, 29/ 03

**Pumpkin & Lentil Dahl** with Rice

*Contains Mustard, Sulphites*

**Chilli Con Carne** with Rice

*Contains Celery*

**Beef Lasagne** with Potato Wedges

*Contains Egg, Gluten (Wheat), Milk*

Wednesday, 30/ 03

**Roast Chicken** with Mashed Potato and Seasonal Vegetables

*Contains Celery, Milk, Sulphites*

**Bean & Rice Burrito**

*Contains Celery, Gluten (Wheat)*

**Pepperoni & Mozzarella Ciabatta**

*Contains Gluten (Wheat), Milk*

Thursday, 31/ 03

**Mexican Three-Bean Stew** with Couscous

*Contains Gluten (Wheat), Sulphites*

**Chicken & Mushroom Carbonara**

*Contains Gluten (Wheat), Milk, Sulphites*

**Beef & Rice Burrito**

*Contains Celery, Gluten (Wheat)*

Friday, 01/ 04

**Chicken Goujon Baguette**

*Contains Gluten (Wheat), Milk*

**Penne Pasta** with Tomato Sauce and Parmesan Cheese

*Contains Gluten (Wheat), Milk*

**Sausage Baguette**

*Contains Gluten (Wheat), Milk, Sulphites*

LUNCH MENU

St Josephs CBS