

Dear St. Joseph's,

Congratulations on completing Jigsaw's One Good School™ initiative 2022/23. We are delighted to let you know that you have received a One Good School Gold Award.

As you know, the aim of One Good School was to enable schools to share the responsibility for promoting and supporting youth mental health across the whole-school community to ensure better mental health outcomes for young people. Your participation and completion of the initiative demonstrates your schools' commitment to this and we thank you for playing your part in an Ireland where all young people's mental health is valued and supported.

Overall, we had 146 schools participate in the One Good School initiative in 2022/23 and had fantastic engagement across all activity areas. Some highlights include that over 26,000 young people completed our **Let's Talk - Sure Why Not?** online course and over 4000 staff completed our **Mental Health and Wellbeing – a One Good School Approach** online course. We also had over 1900 school leaders, school staff and parents/guardians attend our One Good School webinar series.

You may know that as part of Jigsaw's commitment to remaining evidence-informed, One Good School 2022/23 is undergoing an evaluation and the results of this evaluation will be made available to you in due course. If you were one of our evaluation schools, may we take this opportunity to thank you for supporting us with this evaluation.

Please find attached to this email, your **One Good School 2023/23 digital badge** that you can use as a mark of your school's commitment to promoting and supporting the mental health of young people. We will be in touch in September to arrange the presentation of your One Good School plaque.

As a school who has been involved in the One Good School initiative, you will be able to avail of a continued range of Jigsaw programmes and workshops for the coming academic year which will continue to enable your whole-school community to promote and support youth mental health. We will provide more information about this in due course.

If you would like to find out more about the other resources that Jigsaw offers to schools, please visit the Jigsaw Schools Hub <https://jigsaw.ie/schools-hub/>

If you would like to find out more about Jigsaw services for young people, please visit <https://jigsaw.ie/get-support/>

As One Good School 2022/23 comes to an end, we would like to take this opportunity to thank our sponsors Lidl, whose financial support made this initiative possible over the last 4 years.

Finally, I would like to thank you, for being with us in this partnership towards achieving better mental health outcomes for young people in your local communities. We could not have reached so many young people or adults in the lives of young people, without your hard work, dedication and commitment to the initiative. I hope that you see the benefits of this for the young people in your school and that the impact of the initiative continues to benefit your whole-school community.

With thanks,

Cian Mekitarian

Jigsaw Dublin City