

# JOEY'S GAZETTE

16th May 2018

Volume 5, Issue 2



## Mind Matters



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This year one of the mini-company ideas was to promote positive mental health in young people. The group started with the statistic that 25 % of young males aged between 16 and 25 suffer from a mental health difficulty. The group decided to make a book as it had never been done with a school before.

The book was designed for young people by young people with language that was easy to understand. They decided to include interviews with famous faces, articles on the benefits of sport and food for mental health, and also useful

contacts that can be used by someone who is struggling.

The books are sold for €5 each and all money is donated to Jigsaw, Dublin City. So far, 274 books have been sold, and this is increasing very day.

The book was entered into the Dublin City region of the student enterprise awards. There, it went up against 50 other schools and was awarded 1st place. Winning the Dublin final led to multiple radio interview and newspaper articles.

(contd. On page 4)

### Important Dates for 2018:

- May 16th—Transition Year Graduation
- May 25th—House Exams begin
- June 1st—End of Term/ Summer Break begins
- June 6th—Start of State Examinations
- Week of August 27th— School Re-opens for '18/'19 academic year

## Breakfast Club

Since January, Ms. McGee has been running the Breakfast Club in the school. This fantastic initiative enables students to come into school a bit early, have a chat with friends, enjoy some music, and prepare for a day of study.

In room 3/4, there is tea, juice, cereal and toast on offer; the club is open to all students in the school. Studies have shown that a good breakfast benefits cognition and promotes more efficient learning.

Similarly, by arriving to the school for breakfast club, the feeling of being rushed and 'on the back foot' for the day is tackled. Thanks to Ms. McGee and the school for this, make sure to get in and check it out!



## Green Schools and LCA

You may have noticed some new flowers and bright colours around the yard and on the windowsills of the school in recent weeks. These additions have come from the work of the LCA students, who also stand as the current green schools committee within the school.

Following our renewal of Green School status last year, this year's focus is on *Biodiversity*. This means that we are to pay attention to the ecosystem that exists around our school: the plants and natural life surrounding us.

The committee received a grant for the project from Dublin City Council, and the money was spent on the materials needed for the flowering pots. As the weather begins to turn, we can really see the flourishing of life coming to the fore, and adding to the feeling of summer in the yard.

Well done to all involved, and Mr. Hennessey who is involved with the LCA horticulture group.



## Big Brothers Big Sisters

The Big Brother programme wrapped up for another year on May 12th. Following on from rave reviews from last year's participants, the group decided to go again to Jumpzone in Santry (this time with Ms. Dowling who it seems had more fun than most of the lads!) and have a pizza party upon their return.

The programme is run in conjunction with Foroige, and following the trip, the group were presented with certificates by Anthony from the organisation. For the 'Bigs', the time they invested this year will serve as a feature point on their CV as they move on to college and the world of work. However, they all noted how enjoyable the year was and how much they looked forward to spending time with the 1st years each Tuesday.

Mr. Stack and Ms. Dowling would like to congratulate all of the students who finished the programme, and hope to see this year's 'Littles' transition into 'Bigs' in few years time. Also, thank you to the school for facilitating the year-end trip!





# Sixth Year Graduation Ceremony

On Friday the 25th, our Leaving Cert. Principal Mr. Pat O'Brien, as well their group will graduate after 6 years in Joey's. class tutors. The ceremony takes place in Fairview Church, as it has for the past 3 years.

Celebrated by Fr. Finbarr, a past-pupil and teacher of the school, the theme of the ceremony is *Memories*. The entire year group sing as part of the ceremony, and this year they will be taking on One Direction's *History*.

They will be presented with commemorative ties and plaques from Principal Mr. Gerard Cullen and Deputy

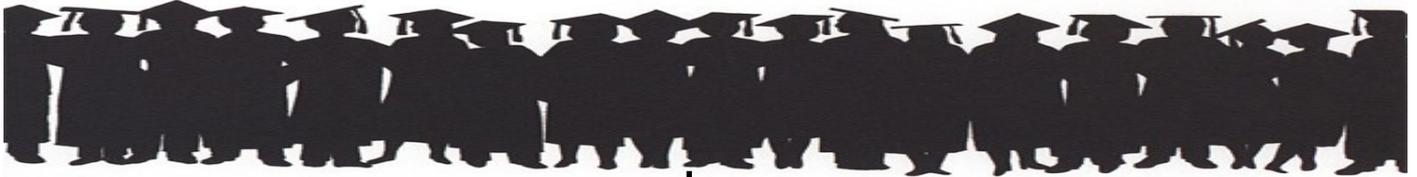
The graduation speech will be delivered from class prefect Aaron Nolan, having been composed in conjunction with fellow prefects Daire O'Reilly and Paul McNeill. Prayers of the Faithful, and offertory procession will be performed by other 6th year students.

Thanks to Ms. McDonnell and Ms. Ryan for organising the ceremony, Ms. McGorman for orchestrating the music, and Ms. Lonergan and Ms. Fenton for

assisting with the art-work and decoration.

Finally, thank you to Mr. Quinlan for leading the ceremony, as he has done for years, in what will be his last time.

Congratulations lads, enjoy the day, and best of luck in the upcoming exams.



## Transition Year Awards

Below is the list of awards given out during the Transition Year Graduation ceremony on 16th May. Well done to all!

- Glass Maker of the Year—Joshua Dignam
- Work Experience of the Year—Sean Higgins/Toni Forques
- Best Class Contributor—Alvaro Ruiz
- Journalist of the Year—Tom Gaskin
- Entrepreneur of the Year—Declan Kelly
- Artist of the Year—Jack McGuirk/Brandon Hanney
- Boxer of the Year—Matthew Boland/Sean Higgins
- Chef of the Year—Raj More
- Scientist of the Year—Joseph Curran
- Most Helpful—Lee Font
- Best Organiser—Blake Ennis/Declan Kelly
- Musician of the Year—Daniel Meagher/Alberto Garcia

## High Achiever!

Congratulations to Joshua Dignam (pictured) who was awarded a plaque from UCD for being one of the 5 students nationally to achieve the highest grade in his Business Studies Junior Certificate. A credit to his school and his teacher!



# Mind Matters



(contd. from front page)

Our success in the final led to participation in the overall national final in Croke Park. The programme began here with 23,000 students entering; 77 schools got through to the final, and ultimately we finished in the top 4.

Based on the quality of our product and business plan, our *Mind Matters* team have been chosen to attend 'Business Bootcamp' in Delphi this summer. There they will work with entrepreneurs from *Dragon's Den*.

Based around the books focus on Mental health and well-being, there have also been a number of others events this year to support. Joeys is now an official ambassador school for Cycle Against Suicide. Our aim is to promote the message that it is okay not to feel okay, and it is absolutely okay to ask for help.

Every ambassador school in Ireland can put forward

one student to be named as a national ambassador. This year, they picked 10 students out of 300 applicants; our own Sean Higgins was selected as one of these ten.

Additionally, on the early morning of May 12th, 45 students took part in the annual Darkness into Light event in Phoenix Park. Over €250 was raised for Pieta House from our school alone, and a far greater sum nationally.

For anyone who feels they need to talk to someone, the following organisations can be contacted using the details below:

- Pieta House*      1800 247 247
- Jigsaw*              01 472 7010
- Childline*          1800 666 666
- LGBT Helpline*    1800 929 539



# Gaisce Trip

The Transition Year group that travelled to Kippure in Wicklow for an overnight trip on May 14th/15th were not only finishing out their last two days of term on a high, they were also completing the final requirement in order to achieve their Gaisce medals that they had been working toward all year.

The Gaisce medal is 'The President's Award' and requires those working toward it to complete a set number of hours in the community, on personal and physical development, and on an 'adventure journey'. For our TYs, this journey found them undertaking a 15km hike, bush survival skills, disc golf, rock climbing, high ropes, a 'leap of faith' and barbequing.

Throughout the year, the students had worked on mental and physical well-being as part of their community contributions. The group that went to Kippure found the Gaisce programme to be very worthwhile, not just in terms of the achievement of a medal and completion of the module, but also in terms of how they worked with one another. This spirit was very evident while on the overnight. Mr. Stack noted 'This was a fantastic trip, and it is great to see the lads work together and succeed on the tasks that at first seemed so challenging.'

A note of thanks to Mr. O'Callaghan, Mr. De.Poire and Mr. Stack for their work throughout the year on the programme. Looking forward to seeing the medals lads!



# Mr. Quinlan Interview

Mr. Quinlan will, sadly for us, be retiring at the end of this year. As a result, some of our journalists sat down with Mr. Quinlan (TQ) recently to get his thoughts on a life in Joey's.. The full interview is available on the school website, but we have selected some of our favourite answers below. The TY Media Team would like to wish Mr. Quinlan all the best in the future years!

**Journalists:** What made you become a teacher?

**TQ:** There was only one thing I ever wanted to do and it was teaching, and I think I was ten years of age when I decided I wanted to become a teacher because I had one very good teacher in primary school whose name was Mr Murray. I was learning so much from him I used to go home and teach my brother at the end of the bed.

**Journalists:** How long are you teaching?

**TQ:** I'm teaching since 1980 which is around 38 years.

**Journalists:** Why you retiring?

**TQ:** I'm retiring because I'm 60 and I feel that I've done everything I wanted to do in teaching.

**Journalists:** Has Joeyes changed?

**TQ:** Yes Joeyes has changed immensely in my time in the school. There

has been three different Joeyes: the first 10 years was big like Ard Scoil Ris. The 2ND 10 years we brought in repeat leaving cert for boys and girls and the 3rd 10 years and the last years we brought in an autism unit

**Journalists:** What would be your proudest moment working in Joeyes?

**TQ:** I'm always proud when boys do well in there life's

**Journalists:** What advice would you give to future students?

**TQ:** I would say enjoy your school life.

**Journalists:** Will you miss it?

**TQ:** Yes I think I will miss it it's something I've been doing for 30 years then just stopping it has to be a big trauma for someone after doing it for 30 years, but as I said you have to put something in place for it



## Joey's Crossword

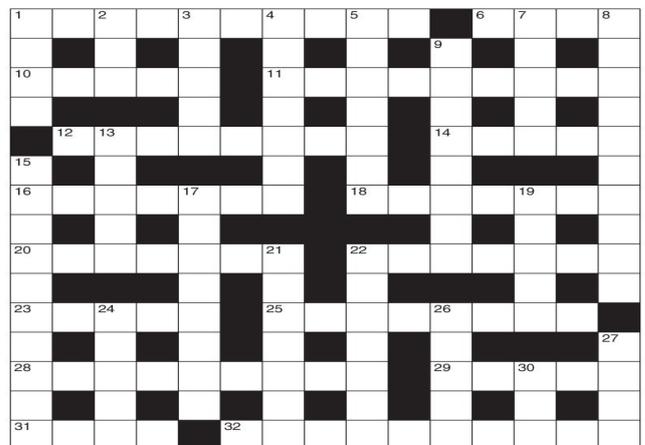
### Crossword 3

**ACROSS**

- 1. Talkative person
- 6. Motorway off-ramp
- 10. Cathedral, ... Dame
- 11. Slanting lines
- 12. Ticketed
- 14. Japanese seaweed roll
- 16. Pierced with fork
- 18. Every evening
- 20. Annoyed
- 22. Nuclear process
- 23. Vanilla slice topping
- 25. Railway bridges
- 28. Take apart
- 29. Was gloomy
- 31. One-on-one fight
- 32. Carry out (crime)

**DOWN**

- 1. Dollar division
- 2. Appropriate
- 3. Here, ... & everywhere
- 4. Overrun (with disease)
- 5. Continually (2,3,2)
- 7. Bone photos (1-4)
- 8. Giving evidence
- 9. Delivers (goods)
- 13. In existence
- 15. Tolerant (4-6)
- 17. Weight unit
- 19. Discredit (reputation)
- 21. Dedicated admirer
- 22. Sudden outburst (5-2)
- 24. Agenda item
- 26. Unfulfilled
- 27. Rim
- 30. Ham & ... soup



**TRIVIA**

Solutions page 73  
 3. In which Dickens book would you find the character Little Nell?  
 (a) A Christmas Carol (b) David Copperfield (c) Oliver Twist (d) The Old Curiosity Shop

# Avengers: Infinity War Review by Lee Font



**Genre:** Action, Comedy, Adventure

**Cast:** Robert Downey Jr., Chris Evans, Josh Brolin, Scarlett Johansson, Chris Pratt

Avengers: Infinity War is a superhero film based off the comic book heroes, The Avengers. It is directed by Joe and Anthony Russo, the same people that directed Captain America: The Winter Soldier and Captain America: Civil War.

## *Plot*

The Avengers and the Guardians Of The Galaxy must band together to defeat Thanos, their most powerful enemy yet, as he scours the universe in search of six stones powerful enough to destroy half the life in the universe. He wants to do this in order to ensure the world doesn't overpopulate and run out of resources.

## *Analysis*

The film overall is amazing. The acting is always great in these films because the chemistry between the actors works so well. I have to give Josh Brolin praise for his performance as Thanos, he knocked it out of the park. The

characters are so much fun to watch, especially when the Guardians meet some of the Avengers for the first time. The CGI is always up to scratch, but this film is just on the ball with its visuals. Thanos looks incredible visually as well as the other CGI-based characters. The soundtrack gives a very epic feeling throughout the whole film. The action scenes are fantastic in this film, as the Infinity Stones gives our heroes a lot more hassle than they're used to, and adds a whole new level to the fight scenes. The main flaw I have with this film is that there are so many characters to deal with, that it feels like they don't spend enough time with some. I felt that way especially about Caps team, I wanted more screentime with them.

## *Final Thoughts and Rating*

Even if you've been following the MCU for the past 10 years, nothing can prepare you for this. Expect some shocking appearances from forgotten characters, but also some deaths of beloved ones as well. This film changes everything you thought you knew about this world and its characters. I thoroughly enjoyed this film and I will give it 9 out of 10. I had so much fun watching it and I hope you do too. (don't forget to stick around after the credits!).



## Seán Britland Interview



Lee Font, Daniel Delgado and Alvaro Ruiz recently sat down with 2nd Year Seán Britland to discuss his recent success in an International Karate tournament.

Seán travelled to Budapest on April 28th to compete in the competition. While there, he won two silver medals in his grade. This is quite an achievement, as Seán has only been practicing the martial art for 4 years.

Seán said during the interview that he became interested in karate after watching it on television. 'It was mainly me watching karate, so I kept watching until I found a suitable club and then I joined them.' The karate club he joined was Ripples karate club.

In the interview he discussed his rigorous training schedule and how he balances it with study. 'The training is on Thursday, Friday or Monday. But it goes after school, which gave me three hours to do any school related stuff.'

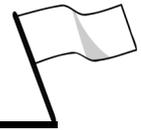
The nerves don't get on top of him either: 'I get nervous at international competitions, but I cope with it because I'm with a group of people I know outside and inside the school'

We would like to congratulate Seán on his achievement, he jokes that he felt good after the fight, probably better than my opponent!' The full interview is available on the school website as a recording, and we would recommend all students go to listen to advice on how to perform on an international level.





# THE SIDELINE VIEW



## Athletics in Santry

Another year, another race! This year however, we have increased our medal haul to take home. Following on from past medallists such as Daniel McCabe and Clinton Eluka, this year Sekeriye Axmed became our first ever double-medallist at the East Leinster Track and Field Athletics event.

'Zak' ran in the 800M and 400M, bring home a gold and bronze medal respectively. Zak now qualifies for the National championships, and we hope that he can repeat his feat from last year in the cross-country and go all the way to the final stage.

Also running over the two day event was over 50 students from the school, competing in events from long jump to 5000M. In general, these days are busy and taxing for all runners, having to manage the waiting down times, and the hectic pre-race nerves. Some lads thrived in this environment, and the others did what great athletes do: compete bravely through adversity!

Well done to all runners. In only our fourth year back in the world of athletics, we are slowly beginning to make a name for ourselves amongst the traditional superpowers. Onwards and upwards!



## League Champions!!



Congratulations to the Under 17 team who won the League Final vs Lutterellstown on 14th May. On a narrow 1-0 scoreline, credit to Travis Flood Murtagh for netting the winner! Joeys Abú!!



## First Basketball Final For Joeys!



Basketball has been back on the radar now in Joey's for a few years, and each year we have gotten a little closer to the top of the mountain. This year is no exception, and our 1st year team reached our first ever final in the sport.

The final took place in the Oblates Hall in Inchicore against Gaelcolaiste Na Mhor. It was an extremely competitive

match and the lads were forced to rely on all of their experience through early games to compete at this level.

Some stats before the result: 22 bounce-outs, 0 times beyond team fouls mark, 0% from the free throw line. These tell the story of a team that was somewhat nervy at the start. Unfortunately, this proved to be damning, as even with a late

run, the final buzzer went with Joey's only one basket behind. A cruel lesson, but a step closer to the summit. Onto next year...

**Team List:** Andrew Goh, Brandon Coakley, Brandon Lin, Thomas Bolger, Edward Mulready, Ben Gaskin, Gabryell Jesus, Senan Ryan, Mark Valente, Hugo Fernandes, Tadhg Walsh, Lennon Kelly.

This newsletter was written and made by Transition Year students as part of their Media Studies module with Mr. Stack. The writers and contributors for this issue are as follows:

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*Well done to the Transition Years on another successful publication.*

*Good luck to all students sitting the upcoming State Examinations. May your hard work pay off.*

***We hope you enjoy our publication.***

***See you next year!***